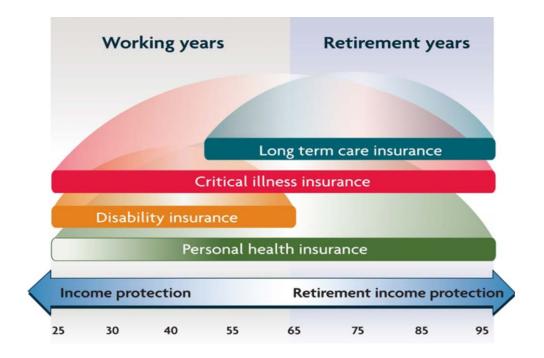
### PEACE of MIND SOLUTIONS through stages of life

"You do your best to get the most out of each day — making healthy decisions and taking care of yourself and the people you love. But as much as we all try to avoid it, an accident or illness can happen to anyone...at any time.

During your working years, it's important to focus on protecting your family income. As you move toward retirement, it becomes more important to protect the financial resources you've worked so hard to build. Health insurance can help you cover the costs of care and recovery so you can focus on what matters most - getting better."

As governments cut back, private sectors have been absorbing cost increases; everyone will bear the costs as they are passed down. Julie Dickson (Canada's former Superintendent of Financial Institutions) says firms, profit or non-profit, must guard profits and capital. Done properly, health benefits for instance are cost-effective; very versatile and economical. Strong effective programs foster peace of mind and improve productivity.

Why wait to be protected for something as unpredictable as a catastrophic event?



## LIFE PROTECTION

Term life
Permanent life insurance Universal life
Mortgage protection insurance
Workplace / Association / Family life insurance

#### HEALTH PROTECTION

Extended Health Insurance
Critical illness insurance
Health pension insurance, Income replacement
Mortgage protection insurance
Travel Insurance
Hybrids
Workplace / Association / Family health and benefits

SAVINGS & BANKING

Annuities
Workplace pensions and savings
Private Wealth
Estate

 ACCOUNTING, INCOME TAXES AND BUSINESS MANAGEMENT SERVICES

# Solution by default

LifeView: Three in Five Canadians (63%) aren't prepared to care for family members who require Long-term Care

Nearly nine in ten (89%) say the next Prime Minister needs to address Senior's Health Care

Contributed by admin on Aug 24, 2015 - 10:52 AM

## CaregiverExchange.ca (See LINK this page)

It is a resource website giving family caregivers fresh, helpful insights weekly. It also provides powerful, built-in search tool for relevant support services in communities across Ontario.

You can also contribute to the site by doing any of the following:

- suggesting topics for future articles
- volunteering to be interviewed about a specific issue faced by family caregivers
- offering your comments on posted articles or other features
- pointing people to the site, be they family caregivers or health service providers (via email, social media, or word of mouth)
- Simply contact editor@caregiverexchange.ca to share your thoughts, comments, experiences, or perspectives.